## **Husky Nutrition**

Impact FY 2019





## · Our Mission ·

Husky Nutrition Programs engage Connecticut residents in highest need in food, nutrition, and physical activity programming, policy development, and research.

## **Our Impact**



10.281 **Total Program** Reach



1,401 Education Sessions



8,116 Program **Participants** 



Online Interactions



Towns & Cities Reached



Our Work

## **Husky Reads**



Nutrition & literacy program for preschoolers led by UConn students.

**Little City Sprouts** 



Gardening program for children in partnership with Hartford Food System.

**Husky Nutrition** On-the-Go



Nutrition education on sugar sweetended beverages for parents.

**Policy Consultation** 



Consultation and mentorship for early care and education administrators.

**Husky Smart** Shopping



Community-based program teaching participants how to make healthy and economical choices at grocery stores and farmers markets.

SNAP4CT.org



An online platform featuring easy recipes, information on CT farmers markets, healthy living tips, videos, and more.